

2021 Impact Report

Resilience & Hope

*“FSC is dropping
stones into a
pond...”*

Dear Friends,

As we entered this fiscal year in July 2020, it was impossible to predict the year ahead. Using our mission as our guiding light, we embarked on a year of reinvention while staying tethered tightly to the principles and expertise of FSC’s seasoned clinical team.

In the face of continued fear of the unknown, isolation, illness, rising death counts, social and political unrest, and remote-everything, FSC was able to rise to the challenge of supporting our community’s mental health by forging new ways to deliver time-tested methods and strategies.

None of this would have been possible without the continued generous support from YOU, our generous donors, sponsors, and grantors. Thanks to you, in fiscal year 2021 FSC:

- Delivered thousands of therapy sessions that made a meaningful difference in the lives of our clients and those who care about them.
- Created nearly 100 customized virtual educational programs, clinically designed to support, teach, and encourage over 2,500 participants/attendees.
- Hired additional clinicians to eliminate a client waiting list as the pandemic worsened and demand grew.
- Enhanced our ability to serve more families and host community programs by moving to larger, more welcoming, office space.
- Reimagined our fundraising efforts and successfully held, not one, but two, virtual fundraising events.

The year was not without its challenges, as need and demand for services across our communities outpaced the existing resources and infrastructure. The cumulative impacts of pandemic disruptions are not yet known. They include both new opportunities, such as expanding digital delivery options, as well as continued uncertainties, such as the long term impacts of remote working and learning. We do know they will require FSC to continue to adapt. We are grateful for your support.



Renee Z. Dominguez, PhD
Executive Director



Fritz Feidinger
Board President

*...helping these families
...these community providers
...these teenagers*

*All those ripples
of all these things we **know**
in the research is effective at
preventing
mental health crisis...
it creates something even more
powerful...
and that's happening
in our community thanks to FSC.”*

~ Allison J. Ewing, LCSW
Inspired Life Tapping Foundation
Family Service Center Donor

The People Behind the Mission

Renee Z. Dominguez, PhD
Executive Director

Cody Schraft, PhD
Clinical Director

Monica M. Garvey
Director of Development

Ted Yusen
Accounting & Controls
Manager

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The People Benefiting from the Mission:



Counseling:

4,608

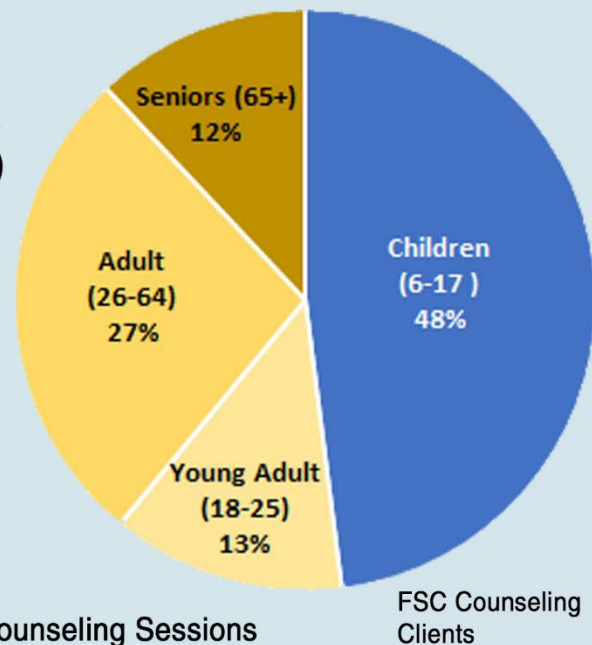
Therapy Sessions

271

Individuals and their Families Served

17

Average Number of Counseling Sessions (per client over the 12 months)



1% of FSC clients paid full rate due to FSC's sliding scale and unusually broad list of accepted insurances. 100% pay full rate at many private practices.

The People Behind the Mission FSC Clinical Team

Renee Z. Dominguez, PhD
Executive Director

Cody Schraft, PhD
Clinical Director

Karen Cloyd, LCPC
Robert Daniels, PhD
Carol Feiss, PsyD
Cynthia Suarez Eudy, LCSW
Kerry Brown Hasbrook, PhD
Beth Irwin, LPC
Jay Karant, LCSW
Amy Koplow, LCSW
Robin Lake, LCSW
Rachel Meriwether, LCSW
Gayl Monto, LCSW
Nanci Priest, MATS, LCSW
Laurie Roston, LCSW

FSC Vision

A community united in actively supporting emotional and mental wellbeing

FSC Mission

To strengthen and empower families and communities by providing accessible evidenced-based counseling, crisis response, outreach and education

We Believe

Everyone is deserving of emotional and mental wellbeing

Everyone is capable of change

Our work has the power to improve lives and radiate wellness

Collaboration is the bedrock of a healthy community

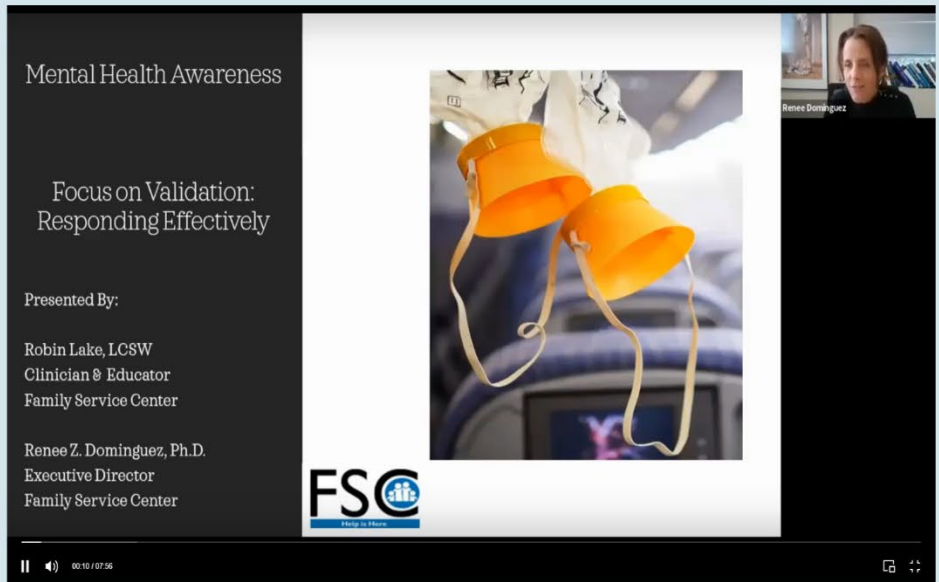
Education & Skill Building:

95

Virtual Presentations

2,585+

Estimated Participants & Attendees



Mental Health Awareness

Focus on Validation:
Responding Effectively

Presented By:

Robin Lake, LCSW
Clinician & Educator
Family Service Center

Renee Z. Dominguez, Ph.D.
Executive Director
Family Service Center

FSC
Help is Here

Renee Dominguez

00:10 / 07:56

Crisis Response:



Remote and in-person crisis support and grief counseling to dozens of staff and students in District 34, the Glenview Park District, and District 225 after the sudden deaths of two students and one educator.

FSC typically collaborates with school personnel to provide **Health and Safety Assessments** to students who are identified as high risk of self-injury. This service was suspended during FY21 given COVID telehealth impacts. FSC's clinical leadership was not confident that life and death dependant conclusions and recommendations could be accurately drawn in a new virtual format.*

FSC made this service available to the community again beginning in July 2021.

**All Health and Safety Assessment clients were referred to organizations that delivered a higher level of care (i.e., IOP/PHP where routine care involves working with predominately high-risk clients) and/or to the emergency room.*

FSC is Proud of our Community Partnerships:

Boys Hope Girls Hope
CATCH (Community Action Together for Children's Health)
Character Counts! in Glenview
Cook County Commissioner's Office - District 14
Crisis Response Network of the North Shore
Family Action Network (FAN)
Glenbrook School District 225
Glenview-Northbrook Coalition for Youth (GNCY)
Glenview School District 34
Glenview Values
Loyola Academy

New Trier School District 203
New Trier Township
North Shore Coalition for a Substance Free Community
North Shore Country Day
North Shore Senior Center
Northbrook/Glenview School District 30
Northfield Township
Regina Dominican High School
Village of Glenview
Village of Northbrook
Wilmette School District 39

Funding the Mission

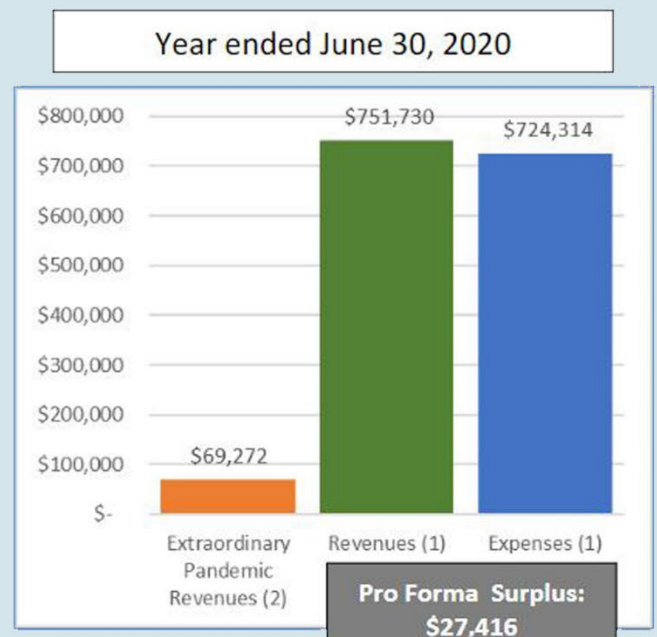
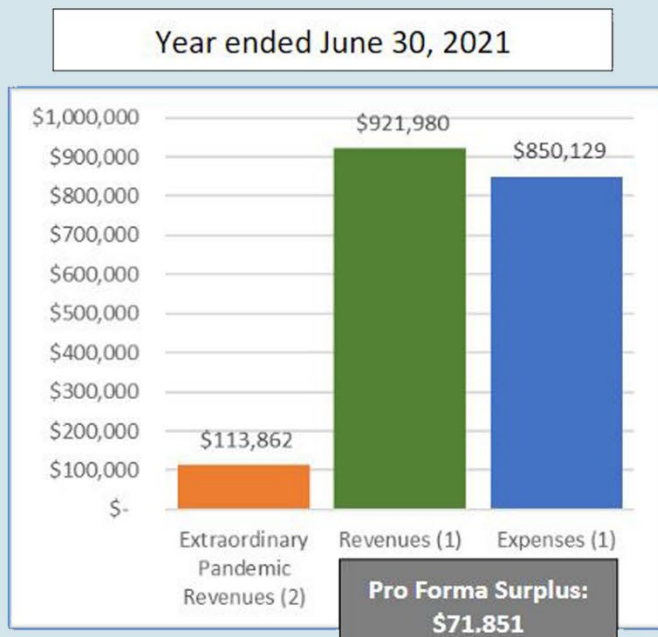
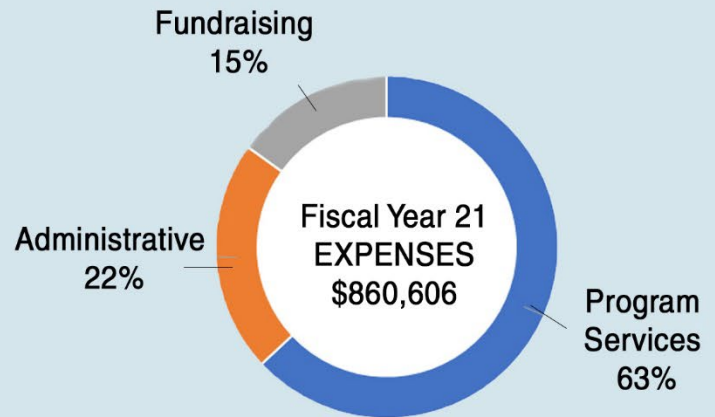
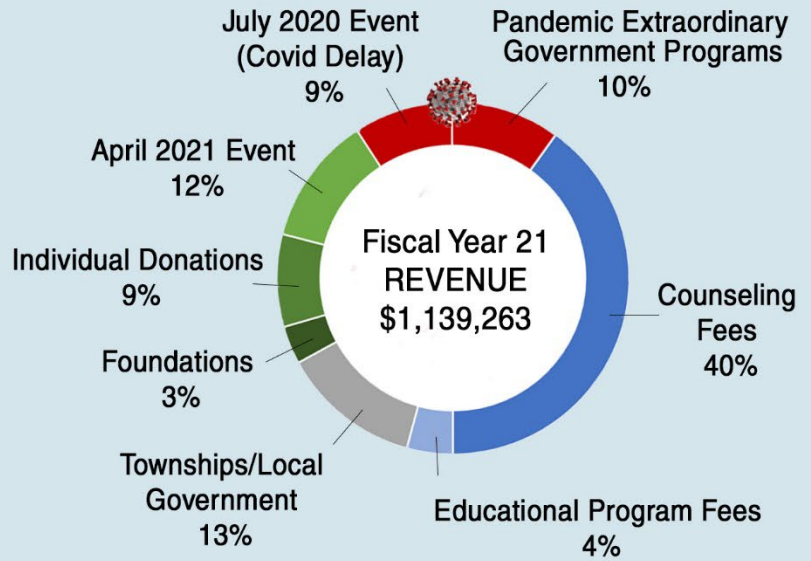
FSC annually prepares, and has audited Financial Statements based upon Generally Accepted Accounting Principles (GAAP).

The pandemic response required some timing shifts and new funding steps which impacted both FY21 and FY20 statements. The change in net assets both as reflected on our Statement of Financial Position and on a Pro Forma basis is as follows:

Fiscal Year	Statement of Financial Position	Pro Forma
FY21	\$278,657	\$71,851
FY20	\$3,744	\$27,416

The Pro Forma charts below provide a more realistic reflection of FSC's operational revenues and expenses during the past two fiscal years.

1. Fundraising – Special Events fundraising revenue recognized in FY21 (\$237,890) is a reflection of both the planned FY20 event that was postponed several weeks into FY21 due to the pandemic outbreak AND the FY21 event held in April of 2021.
2. Pandemic Extraordinary Government Programs – Two federally funded pandemic-related programs have been separately stated from operating



Grateful for our...

Community & Business Support

FSC Event Sponsors:

Charles & Marlene Balling*
 CIBC*
 CNA
 Connie Dornan Real Estate*
 Fields Auto Group
 Glenview State Bank*
 Brian Frankl & Rachel German*
 Inspired Life Tapping
 ITW [Illinois Tool Works]*
 James Neaylon Insurance*
 Lundbeck US Charitable Fund*
 Making Life Better of Glenview
 Morrill & Fiedler, LLC
 Ultra-Lit*
 Willow Lake Orthodontics*
 Wintrust: North Shore
 Community Bank & Trust*
 Northbrook Bank & Trust*
 Woman's Club of Wilmette*
 Worsek & Vihon LLP
 Louise & Jim Yao*
 Program Partners: Artifex Studios &
 Wine Insiders

In-Kind Donors:

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 Big Bear Bistro
 Book Bin
 The Brennan Family
 Café Lucci
 Cake Craze, LLC
 Canal Shores
 Carol's Cookies, Inc.*
 Carolyn Lorraine Salon*
 Catered by Design*
 Chalet Nursery
 Chicago 42 Digital Marketing
 Chicago Botanic Garden*
 Chicago History Museum
 Chicago Zoological Society/
 Brookfield Zoo*
 Claim Company*
 Cooper's Hawk Winery and
 Restaurants
 CorePower Yoga*
 Costco*
 The Crystal Cave*
 Culver's Glenview*
 Cupitol
 Curio Artistry
 Cutco Kitchen
 East Bank Club
 Elements Massage*
 Eli's Cheesecake
 Fantasia Furs
 Forza Meats
 Fred Astaire Dance
 Studios Northbrook*
 Fuenfer Jewelers
 Gail's Brownies
 The Garvey Family*
 Glenview Jewelers
 Glenview Park District*
 Great Coast Commons
 Hackney's Restaurant*
 The Happ Inn*
 Harrison's Poultry Farm
 The Hasbrook Family
 Heart Certified Auto Care*
 Hubba-Hubba
 Illinois Baseball Academy*
 Illinois Holocaust Museum
 and Education Center*
 James Martin Associates
 Jewel*
 Kenilworth Cookbook Club

Lambrecht's Jewelers*
 Landmark Inn Bar & Grill
 Lou Malnati's Pizzeria
 Lurvey Landscape Supply*
 The Maleh Family
 Scott Martyn
 Music Theater Works
 My Oreck Store
 Napolita Pizzeria &
 Wine Bar
 Nick's Neighborhood Bar
 & Grill
 The Noodle Café &
 Depot Nuevo*
 Norshore Meats & Deli*
 North Shore Yoga
 Northbrook Dairy Queen*
 Northbrook Park District*
 Northwestern Athletics*
 Not for Profit Band*
 The O'Brien Family
 Oil Lamp Theater*
 Paper Source Evanston
 Barb Perce*
 Pescadero Seafood &
 Oyster Bar
 The Pontarelli Family
 The Priest/Quinton Family
 Red's Nursery
 Ridgeview Grill*
 SALT Fitness
 Sarpino's Pizzeria*
 Schaumburg Boomers
 The Severson/Walter Family
 Spectrum Live Productions
 Sunset Foods*
 Superior Optical*
 The Swaringen Family
 Taco Nano!*
 Target*
 Teddie Kossof Salon & Spa*
 Three Tarts Bakery Café*
 Trader Joe's | Glenview*
 Trattoria Demi
 Vail Fine Wines
 Village Treasure House
 Weber Furniture Services
 Wilmette Park District*
 The Wild Child*
 Wilson Sporting Goods
 Wine Insiders
 Winnetka Community House
 Yello Bird Stationery & Gifts
 Zanies Comedy Club



April 2021

July 2020



*denotes both in 2020 & 2021

Thank You for Bringing Hope to So Many!

**FAMILY SERVICE CENTER
SUPPORTS STUDENTS
Resilience Builder Program®**
Funded by Village of Northbrook



Giving levels reflect contributions from July 1, 2020 to June 30, 2021.

\$25,000+

Inspired Life Tapping Foundation
New Trier Township
Northfield Township
Village of Glenview
Village of Northbrook

\$10,000 to \$24,999

Evelyn Barrow
Kenilworth Community Fund

\$5,000 to \$9,999

CIBC
Healthcare Foundation of Highland Park
ITW - Illinois Tool Works
Mark & Karen Koulogeorge Charitable Fund
Robin Lake & Richard Lesperance
Lundbeck US Charitable Fund
Bob & Becky McLennan
Village Treasure House
Louise & Jim Yao

\$2,500 to \$4,999

Anonymous
Alison Tobey Smart Memorial Fund at Kenilworth Union Church
Fritz & Cathy Freidinger
Glenview Community Church
Janet Koestring & John Kupper
John & Sharon Mann
Mari & Bill Marrinan
Mary Lou Downs Foundation
Jim & Suzanne Neaylon
Peggy O'Brien
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Nancy & Greg Serrurier
Heidi Voorhees & Ed Walchak
Wintrust: North Shore Community Bank & Trust
Northbrook Bank & Trust

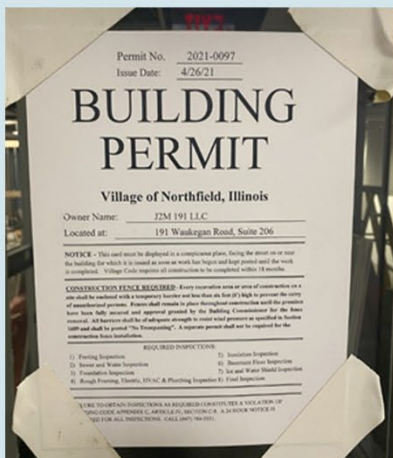
\$1,000 to \$2,499

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Northbrook Civic Foundation
Northbrook Woman's Club Foundation
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Melanie & Dan Peterson
Noelle Pontarelli
Tom & Hilary Pontarelli
Stefanie Rupp
The Russe/Tojo Family
The Rev. Kyle Severson & Clyde Walter
Vernon & Judy Squires
Joanne Stevens
The Swaringen Family
Ann & Bob Rowlands
Willow Lake Orthodontics
Wilmette Harbor Rotary Club Foundation
Diane & Ed Wittenstein
Worsek & Vihon
Woman's Club of Wilmette

We have made every effort to ensure the accuracy of this list and reflect all anonymous donations as such. We regret any errors.



FSC moved in May 2021 to 191 Waukegan Rd., Suite 206 in Northfield

FSC's new waiting room featuring original artwork by Elisa Boughner, of Artifex Studios, reflecting Resilience and Hope.





Family Service Center

We are all asked
to do hard things

For some, a life-changing
difference is having the
support
of a trained and caring
FSC therapist

847-251-7350

FamilyServiceCenter.com



You made it possible for FSC to expand and provide this new welcoming space.

\$500 to \$999

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 Galen & Birch Burghardt
 Mr. & Mrs. Steve Crawford
 Joann Dinneen
 Dr. & Mrs. John Garnett
 Jen & Rick Gimbel
 Glenview State Bank
 Adam & Charmaine Goldman
 Andrew & Joanna Haak
 Karen & Dan Hirsch
 Jim & Karen Hitzeman
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Ultra-Lit Technologies Inc

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 Douglas & Laura Welch
 Mark & Colette Wetzell

\$250 to \$499

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 Sam & Cathy Ach
 Mary Bowler & Joe Greenberg
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 Ted & Lila Yusen

\$1 to \$99

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 Patricia Vile
 Andy & Joan Walter
 Rev. Robert Warskow & Mrs. Kay Warskow
 PJ Weiland
 Hannah Weingold
 Melinda & Chuck Wold
 Annie Wolter
 YogaSix

Heart of the Family

FSC annually honors an organization or individual as a Champion of Mental Health & Wellness in our Community.

**July 2020
 Dr. Nate Carter**



**April 2021
 Northbrook Community Relations Commission**



We have made every effort to ensure the accuracy of this list and reflect all anonymous donations as such. We regret any errors.