

Position: Clinical Mental Health Intern/Extern

Why FSC?

Family Service Center (FSC) is a growing not-for-profit community-based mental health agency located in Northfield, Illinois. We provide affordable, accessible (on-site and telehealth), and high-quality counseling to children, adolescents, adults, and families in the surrounding community who are seeking help for a wide range of emotional, behavioral, and relational difficulties. We also serve our community through crisis response support, health and safety assessments, outreach, education, and consultation. We are developing additional skill-building and digital educational programs to support our vision of a community united in actively supporting emotional and mental wellbeing. We make our counseling and mental health services available and accessible to local families and believe that limited financial resources should not be a barrier to accessing support.

We are looking for interns/externs who want to not only learn in a collaborative environment but are searching for opportunities to help build community programs and make a difference to those we serve.

Position Description

FSC is recruiting for clinical mental health internship or externship positions for the 2024/2025 academic year. FSC will provide a minimum of 600 clock hours and 240 direct clinical hours over the course of a minimum of 10 months. Clinical Interns/externs are expected to be on-site at least 3 days a week, will carry a caseload of approximately 10-15 individual clients, and will co-facilitate one group treatment alongside a licensed clinician.

A licensed provider with at least 5 years post-licensure experience and training in clinical supervision will provide weekly on-site individual and/or dyadic supervision. Clinical Interns/Externs will have the opportunity to participate in clinical consultation with FSC clinicians and will have the opportunity to present cases for consultation. FSC will provide on-site didactic training on topics including, but not limited to: crisis assessment and intervention, trauma-informed treatment, affirmative mental health practice, ethical considerations for clinical practice, and various treatment models. Clinical Interns/Externs will also have the opportunity to present to FSC clinicians a topic of their choice.

Qualifications

- Completion of all academic requirements necessary to engage in clinical field placement.
- Flexible schedule, with the ability to be onsite on Mondays between 11:00 am and 2:00pm (for trainings/meetings) and at least two evenings until 7:00 (for clients). While many interns complete the training program while working part or even full-time, we expect your commitment to FSC to be prioritized.
- Excellent oral and written communication skills.
- Comfort and competence in navigating a digital work environment (i.e., MS Office365, EHR, telehealth).
- Ability to be in placement for a minimum of 10 months beginning in August 2024, with the option of up to 12 months.
- Maturity and self-direction.
- Willingness to engage in self-reflection.
- Previous clinical experience or other involvement in areas related to FSC mission.

Responsibilities

- Provide individual and family psychotherapy. Facilitate one therapy group.
- Complete diagnostic biopsychosocial assessment and treatment planning, including differential diagnosis using DSM5 and ICD-10 classification systems.
- Maintain clinical documentation that satisfies the medical necessity stipulation of third-party payors.
- Participate in weekly supervision.
- Participate in FSC clinical staff meetings and consultations.
- Participate in monthly clinical training.
- Conduct crisis assessment and intervention.

Application Requirements

FSC is currently accepting applications for the 2024/2025 academic year. Please submit a resume or CV, a list of all completed graduate courses, and a letter of interest to info@familyservicecenter.com

Qualified applicants will be contacted for interviews.