

**Position: Clinical Mental Health Intern/Extern
Child and Adolescent Focus**

Why FSC?

Family Service Center (FSC) is a growing not-for-profit community-based mental health agency located in Northfield, Illinois. We provide affordable, accessible (on-site and telehealth), and high-quality counseling to children, adolescents, adults, and families in the surrounding community who are seeking help for a wide range of emotional, behavioral, and relational difficulties. We also serve our community through crisis response support, health and safety assessments, outreach, education, and consultation. We are developing additional skill-building and digital educational programs to support our vision of a community united in actively supporting emotional and mental wellbeing. We make our counseling and mental health services available and accessible to local families and believe that limited financial resources should not be a barrier to accessing support.

We are looking for interns/externs who are passionate about working with kids/teens and their parents, and are searching for opportunities to help build community programs and make a difference to those we serve.

Position Description

FSC is recruiting for child/adolescent focused clinical mental health internship or externship positions for the 2026/2027 academic year. FSC will provide a minimum of 700 clock hours and 280 direct clinical hours (100/40 practicum and 600/240 internship hours) over the course of a minimum of 10 months. Clinical Interns/externs are expected to be on-site between 24 and 30 hours a week, will carry a caseload of approximately 12-17 individual clients, and will facilitate group psychoeducation and therapy programs.

A licensed provider with at least 5 years of post-licensure experience and training in clinical supervision will provide weekly on-site individual and/or dyadic supervision. Clinical Interns/Externs will participate in clinical consultation with FSC clinicians and will present cases for consultation. FSC will provide on-site didactic training on topics including, but not limited to: crisis assessment and intervention, trauma-informed treatment, affirmative mental health practice, ethical considerations for clinical practice, and various treatment models. Clinical Interns/Externs will also present to FSC clinicians a topic of their choice.

Qualifications

- Completion of all academic requirements necessary to engage in clinical field placement.
- Previous experience and continued interest in working with children/adolescents.
- Flexible schedule, with the ability to be onsite on Mondays between 11:00 am and 2:00pm (for trainings/meetings) and at least two evenings until 8:00 (for clients).
- Excellent oral and written communication skills.
- Comfort and competence in navigating a digital work environment (i.e., MS Office365, EHR, telehealth).
- Ability to be in placement for a minimum of 10 months, with the option of up to 12 months.
- Maturity and self-direction.
- Willingness to engage in self-reflection.
- Previous clinical experience or other involvement in areas related to FSC mission.

Responsibilities

- Provide individual and family psychotherapy. Facilitate group psychoeducation and/or therapy programs
- Complete diagnostic biopsychosocial assessment and treatment planning, including differential diagnosis using DSM5-TR and ICD-10 classification systems.
- Maintain clinical documentation that satisfies the medical necessity stipulation of third-party payors.
- Participate in weekly on-site supervision.
- Participate in FSC clinical staff meetings and consultations.
- Participate in monthly clinical training.
- Under the guidance of a licensed clinician, conduct crisis assessment and intervention.

Application Requirements

Please submit a resume or CV, a list of all completed graduate courses, and a letter of interest to info@familyservicecenter.com

Applicants will be contacted for interviews.